

NEW BOOK CHRONICLES REMARKABLE BABY-BOOMER SECOND ACTS

**CHANGING LANES: ROAD MAPS TO MIDLIFE RENEWAL**

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FOR IMMEDIATE RELEASE

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(Los Angeles) - A finance professional trades in the button-down life for the life-or-death drama of an emergency room. A technology consultant decamps to a glorious Greek island to build a wellness center with the new love of her life. A high-powered attorney fulfills a lifelong dream to teach high-school biology. These are just a few of the astonishing second-act tales featured in *Changing Lanes: Road Maps to Midlife Renewal* (176 pp., Radom Press, \$19.95)

Written by two former "suits," *Changing Lanes* takes to the road in search of meaningful second acts and finds inspiration in the stories of baby boomers who changed lanes and renewed their lives. These include some of the nation's most prominent business leaders, along with ordinary working Joes (and Janes). Through it all, *Changing Lanes* provides a compass to help readers navigate their own midlife journeys, posing questions and charting roadmaps to guide their way.

Along the way, music lyrics from baby-boomer touchstone songs of the '60s and '70s evoke the spirit of a road trip of discovery and highlight the life-lessons that may be gleaned from remarkable "change artists" who have tackled the challenge of midlife renewal.

In his Foreword to *Changing Lanes*, Paul Reilly, chairman of global executive solutions firm Korn/Ferry International states: "Changing Lanes is a must read. It will open your mind to possibilities that you have not dared to dream of. Reading this wonderful book may only reinforce that what you are doing is what you love. Or, it just may open up a whole new world that you have been waiting to explore. Either way, you will be a winner."

## **Praise for Changing Lanes: Road Maps to Midlife Renewal**

*"You don't have to have had the 'corner office' to think about changing your life and career. Jelenko and Marshall take us on a wonderful, practical road trip full of inspiring stories of self-realization. I couldn't put it down."*

--George Kieffer, Partner, Manatt, Phelps and Tunney, and former Chairman of the Los Angeles Area Chamber of Commerce

*"It's a fun read-imagining the authors sitting in the car having the most interesting conversations. I couldn't wait to read the next story. There aren't many who at mid-age haven't thought about changing lanes."*

--Bruce Karatz, former Chairman and CEO of KB Homes

*"It makes the point that you must know yourself first and recognize that the time to change lanes is when the hassles outweigh the pleasures."*

--Joseph Wender, Senior Managing Director, GSC Group

*"Changing Lanes is a GPS for life fulfillment, an effective antidote for midlife crises."*

--Frank Baxter, Chairman Emeritus, Jeffries & Co.

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